

Dublin Counselling and Therapy Centre



**SUPERVISION TRAINING FOR
PSYCHOTHERAPISTS / COUNSELLORS**

Professional Diploma Programme

2019

41 Upper Gardiner Street

Dublin 1

Telephone: (01) 8788236

e-mail: info@dctc.ie

Dublin Counselling and Therapy Centre

Diploma Programme in Supervision 2019

Entry to Course

This Diploma Course is open to Accredited Psychotherapists /Counsellors who have a minimum of five years clinical experience since accreditation and who are working or beginning to work as supervisors of psychotherapists or counsellors. Participants will be required to have at least one supervisee (not a course member) by the start of the course and to have completed 25 hours of supervision with their supervisee(s) under both external and internal supervision before successful completion of the course. Applications for entry to the course should be accompanied by a reference form completed and signed by the applicant's supervisor. As there is a limit on the number of places being offered, some applications may not be accepted.

Course Content

The contents of the course will be drawn principally from the work of Val Wosket and Steve Page whose book "*Supervising the Counsellor and Psychotherapist, a Cyclical Model*", 3rd edition (Routledge 2015) will be the core reading text for the course. This model will provide participants with a comprehensive and systematic approach to the theory and practice of supervision, while accommodating within it other supervision approaches as well.

Course Structure

The course will be run over 12 months, amounting in all to 140 hours of training between January and December 2019. These hours will be made up of 6 training weekends and one clinical seminar day (all tutor-contact hours) as well as directed study hours and external supervision outside of those training weekends. The first training weekend will comprise Friday evening and all-day Saturday and Sunday. The remaining five weekends will each comprise Saturday and Sunday (full days).

Venue

Dublin Counselling & Therapy Centre, 41 Upper Gardiner Street, Dublin 1.

Each weekend will include:

- Theory input/workshop presentation
- Supervised skills practice
- Group supervision (by tutors) of supervision practice undertaken outside of course hours

Assessment

Assessment will be ongoing during the course and will include both theoretical and practical elements. These will include:

- Live practical assessment of supervision competence
- An essay on the theory and practice of supervision

Successful participants will be awarded the Centre's Diploma in Supervision

Course Dates 2019

Friday: 6.00pm – 10.00pm

Saturday / Sunday: 9.30am – 5.30pm

January	Friday 25 th , Saturday 26 th & Sunday 27 th
March	Saturday 9 th & Sunday 10 th
April	Saturday 27 th & Sunday 28 th
June	Saturday 15 th
September	Saturday 7 th & Sunday 8 th
October	Saturday 19 th & Sunday 20 th
December	Saturday 7 th & Sunday 8 th

Cost: €2,700 Booking deposit with application (non- refundable): €500

(If it is not possible to offer you a place on this Course your deposit will be returned)

Application Form, Supervisor's Reference Form and Deposit to:

**The Administrator
Dublin Counselling and Therapy Centre
41 Upper Gardiner Street
Dublin 1**

Course Tutors

Teaching and assessment responsibilities will be shared by the following team of tutors:

Maeve Lewis

Psychotherapist and Accredited Supervisor (IAHIP).

Maeve is Director of One in Four. She is an experienced trainer of psychotherapists and supervisors and continues to practise as a psychotherapist and supervisor from a humanistic perspective. She has a particular interest in psychological trauma and has worked on numerous international projects in places such as Rwanda and Sierra Leone.

Mary Hilliard

Psychotherapist and Accredited Supervisor (IAHIP).

Mary is a psychotherapist and supervisor who works from a humanistic and integrative orientation. She is an experienced trainer of psychotherapists and psychotherapy supervisors and she maintains a private practice in Dublin.

Brían Howlett

Psychotherapist and Accredited Supervisor (IAHIP).

Brían is a Gestalt therapist with a background in couples therapy. He has vast experience in the training and supervision of counsellors and psychotherapists, and of clinical supervisors. He is the Centre's Training Director and is the Programme Director for the Professional Diploma in Supervision.

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