

**Dublin Counselling and Therapy Centre**



**SUPERVISION TRAINING FOR  
PSYCHOTHERAPISTS / COUNSELLORS**

**Professional Diploma Programme 2018**

**41 Upper Gardiner Street  
Dublin 1  
Telephone: (01) 8788236  
e-mail: [info@dctc.ie](mailto:info@dctc.ie)**

# **Professional Diploma Programme in Supervision**

**Commencing January 2018**

## **Entry to Course**

**This Diploma Course is open to Accredited Psychotherapists /Counsellors who have a minimum of five years clinical experience and who are working or beginning to work as supervisors of psychotherapists or counsellors. Participants will be required to have at least one supervisee (not a course member) by the start of the course and to have completed 25 hours of supervision with their supervisee(s) under both external and internal supervision before successful completion of the course. As there is a limit on the number of places being offered, some applications may not be accepted.**

## **Course Content**

**The contents of the course will be drawn principally from the work of Val Wosket and Steve Page whose book “*Supervising the Counsellor and Psychotherapist, a Cyclical Model*”, 3rd edition (Routledge 2015) will be the core reading text for the course. This model will provide participants with a comprehensive and systematic approach to the theory and practice of supervision, while accommodating within it other supervision approaches as well.**

## **Course Structure**

**The course will be run over 12 months, amounting to 140 hours of training between January and December 2018. The programme will include 6 training weekends and one clinical seminar day as well as directed study and assignment work and a minimum of 25 hours of external supervised practice. The first training weekend will comprise Friday evening and all-day Saturday and Sunday. The remaining five weekends will each comprise Saturday and Sunday (full days).**

**Each weekend will include:**

- **Theory input/workshop presentation**
  - **Supervised skills practice**
- **Group supervision (by tutors) of supervision practice undertaken outside of course hours**

**Venue: Dublin Counselling & Therapy Centre, 41 Upper Gardiner Street, Dublin 1.**

## Assessment

Assessment will be ongoing during the course and will include both theoretical and practical elements. These will include:

- Live practical assessment of supervision competence
- A written case study, based on your supervision work with one selected supervisee during the course, on the theory and practice of supervision

Successful participants will be awarded the Centre's Diploma in Supervision.

## Course Dates

(Friday: 6.00pm – 10.00pm; Saturday / Sunday: 9.30am – 5.30pm)

2018:	January	Friday 26 <sup>th</sup> , Saturday 27 <sup>th</sup> & Sunday 28 <sup>th</sup>
	March	Saturday 3 <sup>rd</sup> & Sunday 4 <sup>th</sup>
	April	Saturday 28 <sup>th</sup> & Sunday 29 <sup>th</sup>
	June	Saturday 16 <sup>th</sup>
	September	Saturday 1 <sup>st</sup> & Sunday 2 <sup>nd</sup>
	October	Saturday 20 <sup>th</sup> & Sunday 21 <sup>st</sup>
	December	Saturday 1 <sup>st</sup> & Sunday 2 <sup>nd</sup>

Cost: € 2,700      Booking deposit (non- refundable): € 500

(If it is not possible to offer you a place on the Course your deposit will be returned)

## Completed Application Form and Deposit to:

The Administrator  
Dublin Counselling and Therapy Centre  
41 Upper Gardiner Street  
Dublin 1

## **Course Tutors**

**Teaching and assessment responsibilities will be shared by the following team of tutors:**

### **Maeve Lewis**

Psychotherapist and Accredited Supervisor (IAHIP).

Maeve is Director of One in Four. She is an experienced trainer in psychotherapists and supervisors and also practises as a psychotherapist and supervisor from a humanistic perspective. She has a particular interest in psychological trauma and has worked on numerous international projects in places such as Rwanda and Sierra Leone.

### **Mary Hilliard**

Psychotherapist and Accredited Supervisor (IAHIP).

Mary is a psychotherapist and supervisor who works from a humanistic and integrative orientation. She is an experienced trainer of psychotherapists and psychotherapy supervisors and she also maintains a private practice in Dublin.

### **Brían Howlett**

Psychotherapist and Accredited Supervisor (IAHIP).

Brían is a Gestalt therapist with a background in couples therapy. He has vast experience in the training and supervision of counsellors and psychotherapists, and of clinical supervisors. He is the Centre's Training Director and is the Programme Director for the Professional Diploma in Supervision.

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